



## PERMANENT LIP AFTERCARE

*Please read and follow these instructions as directed.*

### LIPS · LIP LINER & LIP BLUSHING

It is extremely important that you read and follow these instructions as directed. Not following them may put you at risk for infection, affect the final result of your procedure, or interfere with the color bonding process.

#### DAY ONE

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- Your lips will be swollen, tender, and the color will look much brighter and darker than the final result. This is normal.
- To ease swelling, hold a clean ice pack wrapped in a soft cloth against your lips for a few minutes at a time. Do not apply ice directly.
- Gently blot any clear fluid with a clean, damp tissue.
- With a clean fingertip, apply a thin layer of the aftercare ointment provided whenever your lips feel dry. Do not let your lips dry out.
- Drink through a straw and sleep on your back with your head elevated.

#### DAYS TWO TO FOUR

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- Morning and evening, gently rinse with cool water, pat dry, and reapply ointment. Keep lips lightly moisturized throughout the day.
- Swelling should go down within 2–3 days. Lips may feel dry and tight.
- Rinse your mouth with water after eating, then pat dry and reapply ointment.

#### DAYS FOUR TO TEN

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- Lips will begin to flake. **DO NOT PICK, PEEL, OR BITE.** Let flakes come off on their own.
- After flaking, color may look faded or uneven. This is normal, and color blooms over the next few weeks.

#### WEEKS FOUR TO SIX

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- Healing is complete and your final, softer color is visible.
- Any light areas are perfected at your touch-up.

#### ADDITIONAL INSTRUCTIONS FOR THE FIRST TWO WEEKS

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- Wash your hands thoroughly before touching your lips.
- No lipstick, lip gloss, or lip products other than the aftercare ointment until fully healed.
- Avoid spicy, salty, acidic, or very hot foods and drinks.
- No kissing, and avoid touching your lips.
- Do not use whitening toothpaste or mouthwash that touches the lips.
- Avoid sun exposure and tanning beds. After healing, use an SPF lip balm to help the color last.
- No swimming, hot tubs, saunas, or heavy sweating.
- If you have a history of cold sores, talk to your doctor about antiviral medication before and after your procedure.
- Do not pick or peel! This can pull the color out.

**CALL THE OFFICE RIGHT AWAY** if you notice increasing pain, pus or discharge, spreading redness, fever, or any other sign of infection.

**TOUCH-UP:** Please schedule your touch-up appointment within 6–8 weeks after your procedure. Touch-ups must be completed within 60 days.