



PERMANENT EYELINER AFTERCARE

Please read and follow these instructions as directed.

EYELINER

It is extremely important that you read and follow these instructions as directed. Not following them may put you at risk for infection, affect the final result of your procedure, or interfere with the color bonding process.

DAY ONE

- Your eyes will be swollen and sore, much like after a good cry.
- For the first hour or so after the procedure, gently blot tears from the corners of your eyes with a fresh tissue.
- With a clean fingertip, apply a thin layer of ointment (pure petroleum jelly) sparingly to the treated area in the morning and evening. Avoid getting ointment in your eyes. Do not use cotton swabs, as the fibers can get caught in your eye.
- Do not apply ointment more than 3 times a day.
- The ointment soothes soreness and acts like a "bandage," helping keep air, bacteria, pollen, and dust out of the treated area.
- Refresh the area in the morning and evening by rinsing with cool water and patting dry with a clean tissue, then reapply ointment.
- Sleep on your back with your head elevated. Use older pillows and pillowcases in case pigment or ointment rubs off.

DAY TWO

- Refresh the area in the morning and evening with cool water and pat dry with a clean tissue. Gently remove any crusting that formed overnight, then reapply ointment.
- Swelling and soreness are normal and may last up to 3 days.

DAY THREE

- Swelling may still be present, but soreness should lessen. As the area prepares to exfoliate, a rough, raised texture will appear on the skin.
- Use a small amount of ointment in the morning only, if needed.

DAY FOUR

- The eyeliner will begin to exfoliate. **DO NOT PICK AT OR RUB THE AREA.** It will flake off on its own with normal movement of the eye.
- Some tightness and itching are normal.
- Call the office if redness or swelling persists.

DAY FIVE

- The exfoliation process is complete.
- The color may appear "frosty" or lighter, but it will clarify over the next few days.

ADDITIONAL INSTRUCTIONS FOR THE FIRST WEEK

- Wash your hands thoroughly with antibacterial soap before touching the treated area to avoid exposing it to infection-causing bacteria.
- Do not apply soaps, cleansers, or cleansing creams directly to the treated area.
- No makeup or mascara for the first 3 days. After that, use a brand-new tube of mascara.
- Do not wear contact lenses for the first 24 hours.
- Do not use an eyelash curler. No lash extensions, lash tints, or lash growth serums until fully healed.
- Avoid sun exposure and tanning beds. Wear sunglasses outdoors.
- No swimming in chlorinated pools, hot tubs, saunas, steamy or hot showers, or excessive sweating.
- Do not expose the treated area to direct water pressure while showering.
- No Retin-A or other retinoids, bleaching creams, glycolic acid, AHAs, or Obagi products on or around the treated area.
- Do not pick or peel! This can pull the color out.

CALL THE OFFICE RIGHT AWAY if you notice increasing pain, pus or discharge, spreading redness, fever, or any change in your vision.

TOUCH-UP: Please schedule your touch-up appointment within 3–4 weeks after your procedure.